

The following spas, malls, shops, and museums are great places to visit during your downtime.  
(Map available on back)

**1** Natural Body Spa and Shoppe  
4120 Main #100 (North Hills), Raleigh  
919.510.6701  
Full service spa, massages, facials,  
pedicures, manicures, waxing; all natu-  
ral products

**2** Crabtree Valley Mall  
4325 Glenwood Ave, Raleigh  
919.787.2506  
Macy's, Banana Republic, Express for  
Men, Gap, Crate and Barrel, Barnes  
and Noble, and more

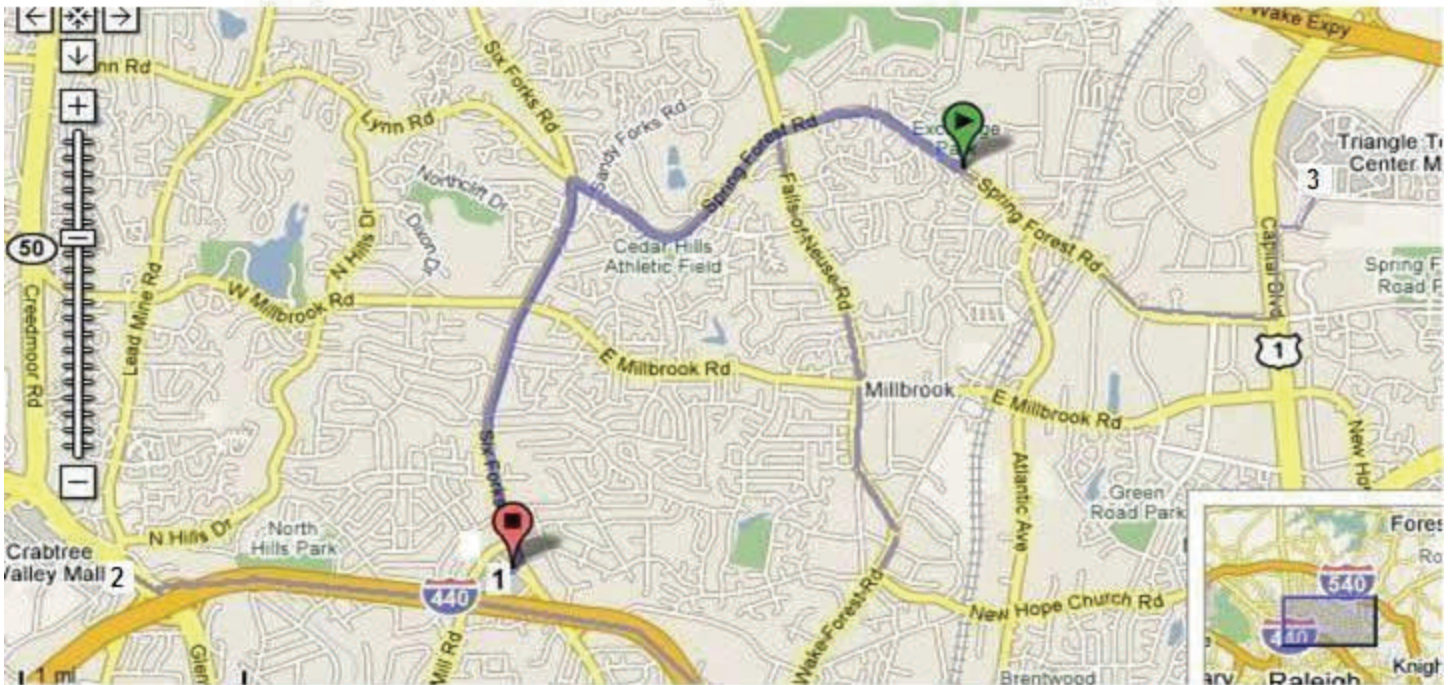
**3** Triangle Town Center  
5859 Triangle Town Blvd, Raleigh  
919.792.2222  
Saks Fifth Avenue, Z Gallarie, Dillard's,  
Barnes and Noble, Express for Men,  
Gap, and more

**4** Streets of Southpoint  
6910 Fayetteville Rd, Durham  
919.572.8808  
Nordstrom, Hudson Belk, Macy's, Pottery  
Barn, Eddie Bauer Home, Metropolitan  
Deluxe, Gap, Banana Republic, and more

**5** NC Museum of Art  
2110 Blue Ridge Rd, Raleigh  
919.839.6262  
Art exhibits

**relax**

**North Hills/Crabtree Valley Mall/Triangle Town Center**  
 (Map based on Millbrook Exchange Tennis Center as starting point)



**To North Hills:**

- Right onto Spring Forest
- Travel 2.2 miles
- Left onto Six Forks Rd
- Travel 2 miles
- Right into North Hills complex

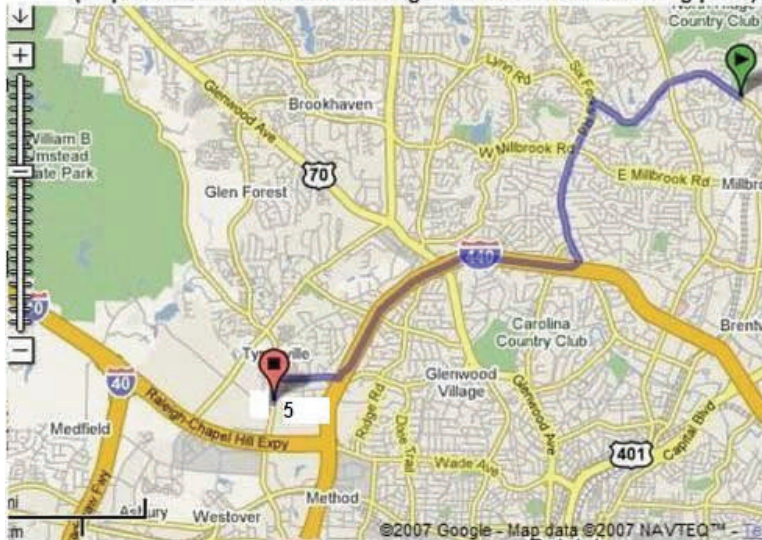
**To Crabtree Valley Mall:**

- Right onto Spring Forest
- Left at Falls of Neuse
- Travel 4 miles
- Right onto 440 Beltline
- Travel about 2 miles
- Exit right onto Glenwood Ave.

**To Triangle Town Center:**

- Left onto Spring Forest
- Travel about 3 miles
- Left onto Capital Blvd
- Travel about 1 mile
- Right onto Triangle Town Blvd.

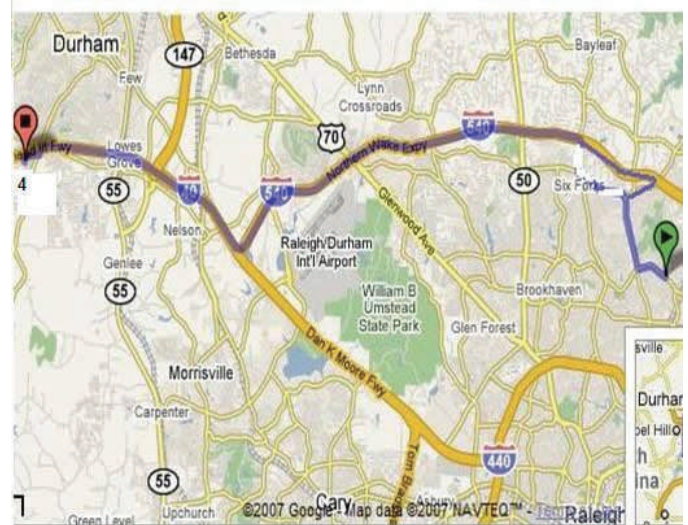
**NC Museum of Art**  
 (Map based on Millbrook Exchange Tennis Center as starting point)



**To NC Museum of Art:**

- Right onto Spring Forest Rd.
- Travel 2.2 miles
- Left onto Six Forks Rd.
- Travel 2 miles
- Exit Right onto 440/Beltline
- Travel 3 miles
- Take Exit 5 Lake Boone Trail
- Right onto Lake Boone Trail
- Travel 1 mile
- Take Left onto Blue Ridge Rd.

**Streets of Southpoint Mall - Durham**  
 (Map based on Millbrook Exchange Tennis Center as starting point)



**To Streets of Southpoint:**

- Right onto Spring Forest Rd.
- Right onto Falls of Neuse Rd.
- Travel about 2 miles
- Exit onto 540 West
- Travel about 11 miles
- Take Exit 1B to merge onto I-40 West
- Travel about 6 miles
- Take Exit 276 toward Southpoint Blvd
- Slight left onto Fayetteville Rd
- Right into Streets of Southpoint Mall